## **HOME HEALTH AIDE**

Program Length: 75 Clock Hours Credential: Diploma

The listing of clock hours is not meant to imply that it can be transferred to colleges or other private career school programs. Transfer credits/hours are the sole discretion of the receiving school.

#### PROGRAM DELIVERY

<u>Classroom-Based Delivery</u>: All of the courses are delivered with instruction and interaction between the student and the instructor occurring primarily in a physical classroom.

#### PROGRAM DESCRIPTION:

The Home Health Aide Program is designed to prepare students for entry-level employment as home health attendants. The program offers a sequence of courses that include relevant technical knowledge and skills that include, but are not limited to, legal and ethical responsibilities; communication skills; basic human needs; a safe, clean, and healthy home environment; the developmental process; nutritional needs; emergency care; personal care; special care and rehabilitation needs of the client; household management; record-keeping; pet facilitated therapy; and employability skills.

A Diploma is issued to students who have completed the program.

#### PROGRAM OCCUPATIONAL OBJECTIVE:

Graduates of this program may find entry-level employment as home health aides with various home health services and staffing agencies, long-term and hospice care facilities, and private homes. The Home Health Aide Program prepares students for the healthcare profession, per the Agency for Health Care Administration (AHCA), with a high level of technical skills required for entry-level employment.

AREA OF STUDY	COURSE NUMBER	COURSE TITLE	CLOCK HOURS
PRINCIPLES OF HOME HEALTH CARE	HHA101	Legal and Ethical Aspects of Home Health Care	2
	HHA102	Anatomy, Physiology, and Basic Nutrition	8
	HHA103	Home Environment and Client's Needs	12
	HHA104	Principles of Infection Control	3
DIRECT PATIENT CARE AND PROCEDURES	HHA105	Home Care Procedures	25
	HHA106	Clients with Special Needs	25
TOTAL PROGRAM HOURS			75

# **COURSE DESCRIPTIONS**

HHA101 Legal and Ethical Aspects of Home Care

2 Clock Hours

This course is designed to assist students with acclimating to the scope of practice and profession of home

health care. Within this course, the students will learn their role and the necessary qualities of being a member of a team of caregivers and medical professionals, proper and effective communication, legal and ethical boundaries, and requirements.

#### HHA102 Anatomy, Physiology, and Basic Nutrition

8 Clock Hours

This course provides an introduction to human anatomy and physiology to prepare students for a career in the medical field. Emphasis is placed on developing an understanding of the basic structure and function of the human body at the cellular, tissue, organ, and system levels. Additionally, this course discusses the importance of nutrition in maintaining health and meeting clients' nutritional needs.

#### HHA103 Home Environment and Clients Needs

12 Clock Hours

This course teaches students basic human needs, safety and security, and a healthy and clean living environment. Furthermore, students will understand the meaning and essential characteristics of illness and disability and their effect on clients' needs. Additionally, abuse and domestic violence are also discussed.

### HHA104 Principles of Infection Control

3 Clock Hours

The course includes infection prevention and control practices, coronavirus (COVID-19) considerations, the chain of infection, standard and transmission-based precautions, barriers and use of personal protective equipment (PPE), and strategies for preventing the spread of infectious diseases to healthcare workers and clients.

#### HHA105 Home Care Procedures

25 Clock Hours

This course aims to teach students how to promote healthy client's activity levels by analyzing body mechanics while encouraging proper skin care and personal care. In addition, this course assists the student in developing the ability to monitor vital signs, check fluid balance, and collect specimens. Finally, the course explores the importance of special procedures, the concern for common diseases, and the necessity of emergency procedures

#### HHA106 Clients with Special Needs

25 Clock Hours

This course is designed to prepare students to assist clients with special needs. In addition, this course aims to teach students how to provide care for olderly adults, post-partum mothers, infants, and children, as well as clients with mental illness and at the end of life care. Finally, the course explores the importance of emergency procedures, including First Aid and CPR.